Believe it or not, mind-reading is not just a product of science fiction. If the level of perception that you have about the male mind is thorough enough, then you can have a legitimate level of control over it.

The only way to achieve the ultimate level of influence over your man’s mind is to have a complete understanding of his emotions!

“Why can’t you tell me exactly what it is that you feel? How much do you really love me?” These are the kinds of questions that might be burning in your mind when it comes to the matter of talking with your man, but you just might now how to bring it up in the best way!

After going a long enough time without getting satisfying answers to these burning emotional questions, you might become so frustrated that start to wonder where your man has real emotions at all!

This might be a little bit hard to believe for some people, but the truth is that men actually do feel emotions! Hard to believe, right? In all seriousness, you have to appreciate the fact that your man feels people feelings. Being able to appreciate the fact that your man has feelings is only half of the battle, though - there’s more to it than just that!

What we’re going to be talking about here is a lesson in the power of suggestion. Suggestion is all about things
that are subtle and suggested, meaning that step number one is to see to it that you don’t try to make this happen by putting all of your cards on the table! Don’t show your full hand, because that’s going to completely dampen the full effect of your effort.

Trying too hard to make this work will make the things you’re doing transparent, and he catches a mental wind of the fact that you’re doing what you’re doing, that’s going to lessen the chances that he’s influenced.

Being the master of mental suggestion will make it so that your man never completely understands what it is that you’re up to, but the effects will be VERY real! The man’s outward behavior might not even seem to shift very dramatically, but there are going to be serious shifts beneath the surface.

Now a big step in making this happen is going to be breaking away from the most common misconceptions that there are about the male mind in general. There’s a lot that we do all understand as a whole about male psychology, but there’s a whole lot that people DON’T understand at the same time as well.

A major strength to this method is that it doesn’t actually require that you try and deceive your man or aggressively attack him. Manipulating a man is a completely toxic and harmful approach to everything; with this method, the things that you’re doing will actually be healthy for your man. You could actually say that this way of approaching your man is mutually beneficial!
You still might be wondering, just why *is* it that men have to be like this in the very first place? Why is it that men are designed in such a way that makes such a particular way of approaching them so important? We might never know the complete answer, but simply knowing that they *are* designed the way that they are will do you a lot of favors when it comes to romance!

Now here are the different qualities of the male mind that you should always be aware of no matter what:

1. **Men have smaller emotional firepower**
2. **Men use space as a place to emotionally recharge**
3. **Men must not be denied that space that they require**

In the next couple of part of this section, what we’re going to do is dive into the truth of exactly what it takes in order to make sure that you use these fundamental truths of the male mind to your greatest advantage.

Once you have managed to completely master the emotional intuition that it takes in order to use this techniques, you’ll be able to understand all of the laws of the mind on an *intuitive* level.

*First Law of the Male Mind- Understand that men have smaller emotional firepower*
Emotions take ENERGY in order to keep them stored up. The law of nature has dictated that, as women, we have been endowed with a higher level of the emotional energy that it takes to store them up. Be it a mere coincidence or an effect of true intelligent design, women are simply geared to have a higher emotional capacity than guys do.

A woman who doesn’t fully grasp how important it is to take note of a man’s special emotional requirements is more likely to misunderstand them! If you’re going to be able to check into an exclusive part of the man’s mind that’s almost completely off-limits to the women in the world who simply don’t know any better.

Because a man has a smaller emotional capacity in general, he’ll secretly feel more strain when it comes to the general emotional stress that he experiences on a daily basis; this will stem from the fact that society discourages men from over-sharing their emotional contents.

In a sense, you might even look at it in the way of people having what I like to call an emotional tank. What’s an emotional tank? An emotional tank is like a gauge inside of a person that determines just how much emotional pressure they can feel inside before they’re on the verge of bursting.

Because men have a fundamentally smaller emotional tank by design, it will be easier to imagine how much more need they have inside to really vent their emotional stress on a more consistent basis. A man’s emotional tank is constantly under pressure, and he has been trained by
society to keep a tight lock on it in order to preserve their reputations.

As women, we were blessed with the ability to be able to sense different emotional ebbs and flows within ourselves than the average man really can. Of course there are men who actually are men who have some kind of emotional self-awareness, but for the most part, men deal with their emotional pain like dealing with alien invaders in their bodies.

When you understand that there are plenty of men out there who are just begging to have an outlet for the emotions that they won’t express for fear of being mocked or ridiculed!

**Second Law of the Male Mind - Understand the man’s need for “recharge” space**

As your man’s emotional capacity isn’t going to be a vast as a woman’s he’s going to feel unimaginable stress if he’s not able to “recharge”. When a man is feeling extreme stress, he is going to have to escape that stress by getting some time apart in order to alleviate it.

It might be hard to swallow, but it’s not necessarily something that you should take terribly personally when it comes to the matter of your man deciding that he could use just a little bit of space for a little while. Try not feel as though your man is getting rid of you when he decides that a little bit of distance is the best way to clear his head.
To a man, space means more than just being separated - space can actually be a tool their use in order to *reunite* with the things inside of them that they believe actually give them the strength to tackle their daily struggles.

When a man is threatened by a sudden surge of his own emotions, he might feel pangs in his chest that actually resemble *fear*. It’s not likely that he’s going to want to have to deal with many people around him when he’s going through his emotional acrobatics, and this is going to activate his fight-or-flight mode.

Since a man can’t punch his own emotions in the face, when his fight-or-flight mode activates in a moment of emotional stress, he’s going to choose *flight*. It doesn’t mean that he’s going to just start taking off into the dead of night without a trace, but it’s very common that he’ll just *withdraw* and become a lot less accessible than he was before.

You might actually interpret it as your man is actually trying to *protect* himself from the overflow of his own emotions, like a person trying to escape a flash flood. Until the coast is clear, and that overflow is taken care of and his tank is empty, he won’t feel comfortable coming back. You may want to be there for him, but he won’t want to burden you with this agitation.

Can you imagine what it would be like if a balloon could actually feel pain? Naturally, the smaller balloons would be a lot quicker to feel the pain of getting filled up than the large balloons. Men just don’t have the same capacity
for absorbing their own emotional strain as women.

In order to cope with the fact that they can’t always handle the same level of emotional strain that women can, a man will have to take the time they need to get alone time in order to decompress. When a man is all by himself, he can freely and quietly (or not so quietly) vent out his emotional strain without fear of being mocked.

Now what’s a situation that might make your man want to withdraw? For men across the world, a bad situation at work is generally the number one cause when it comes to emotional strain! He may not want to give you all of the details,, but if you get the idea that a work issue might have your man in a vice, don’t be surprised if he doesn’t give you an abundance of details!

Every man has a different pattern in the amount of times that he seeks out space, and so learning the particular pattern of your own man is highly important! When a man has found a woman who completely respects his particular need for space, he’ll find it almost impossible to completely let her go!

Now, if the woman actually doesn’t respect the fact that a man needs the space that he requires for emotional peace, then the opposite result is reached; this brings us to the third law of handing the male mind that you must always be aware of for your own sake!

**Third Law of the Male Mind - Recharge space must never be denied!**
If a woman has done a great job of tapping into her man’s emotional needs for the most part, then one of the worst things that she could possibly do is deny him that precious space that he needs in order to mentally decompress.

If you don’t allow that man to actually get the space that he needs to be at peace, then you’ll run the risk of making him feel like you don’t respect his need to be at peace. He’s going to think that you’re actually making him feel smothered, and when that happens, he’s going to feel need to stay away from you!

The recharge space that a man needs to feel in order to feel at peace is always going to be a vital component of the relationship in general. If you can always maintain complete respect for the fact that he needs to be left alone every now and then, then you won’t run the risk of intensifying the strain that he feels on a daily basis.

Now once you’re able to guarantee that you can maintain the proper level of respect that your man needs for his personal space every once in a while, three very power effects are going to happen as a result of what you’ve done! There three that you will realize are that:

1 - He will understand your appreciation for him

It’s easy to characterize men as simply wanting nothing more than to have a woman by their side as something soft to cuddle with, but it’s deeper than that! A man has a
deep, DNA-coded need to actually feel needed and **validated** by the women that they’re with.

He may not always be completely up-front about it, but trust me, there is a deep hunger he has in the pit of his heart to know that you truly appreciate all that he has to offer him as a man. A man wants to understand that he has the qualities that make a woman feel enriched and happy to wake up in the morning.

Now of course it’s not likely that the man will *directly* thank you for making him emotionally fulfilled, but the amount of appreciation he has *will* manifest in one way or another. The man is going to feel a deep, subconscious pull to you that will be difficult to explain.

**2 - The two of you will grow closer together**

All in all, knowing that you appreciate him is just plain going to make him *enjoy* having you around as a person a lot more than he would otherwise! The man is going to want to spend more and more time with you due to the fact that he’ll sense you “get him” on a deeper level than most people.

Think of it this way - lots of couples do stay together for an extraordinarily long time, but not all of them completely understand each other’s deepest emotional wavelengths. When you have a *strong* understanding of the man’s emotional wavelength, you’ll be able to reach a level of closeness that some couples wouldn’t even be able to dream of.
When men are going through their daily lives, they often feel like there just aren’t many places that they can find a safe place to let the full spectrum of their emotions out in full. When you can show the man that you can be his emotional safe zone, he’s going to constantly want to come back to you in order to feel that peace of mind whenever he can.

3 - Security equals sexiness

Some might get the idea that the concept of mind control would be completely one-sided, but in truth, it’s really not nearly as one-sided as those people might think! When you know just the right raw to approach your man with the proper level of give-and-take on an emotional level, you’ll be FULFILLING him in a way that others may not even understand!

Let’s think of it this way: can you really rank how important oxygen is in your world, compared to everything else? Putting oxygen at number 1 might not even really do it justice, since you literally can’t live without it. To man, having space to deal with his emotional struggles is as important to him as oxygen!

Being able to come back to you as an emotional safe zone will ensure that your man always feels like he’s completely secure in your presence. When your man sees that you are place that his emotions are free to dance, he’s going to feel a certain kind of safety in your presence that will be extremely difficult not to love!
Now when your man feels secure enough around to you consider you an emotional *safe zone* for his soul, he’s going to feel even *more* enthusiastic about opening up to your PHYSICALLY as well!

Now of course the average man is already going to feel a healthy level of enthusiasm about getting physical with you when the time is right, but the experience is going to get INTENSIFIED in this scenario. You see, intimacy is a lot deeper than just the physical things - intimacy is a PSYCHOPHYSICAL matter.

When your man’s mind is completely at ease when they get together, it’s naturally going to enhance the situation that your body gets from his presence. When two people connect on a psychological level, their bodies react - the mental walls come down and let loose an unstoppable wave of new sensuality.

Having sex is simply having a sex, but when a man is connected to you on a totally *emotional* level, it turns into *making love*. To be honest, many couples are familiar with what it feels like to *make love*, but not very women are aware of how to make this happen *manually*.

Now to be honest, you don’t even actually have to get *away* from your man in total in order to give him the space that he needs in order to be comfortable! Sometimes, all that it will take is just giving the man a little more space to do more things on his own around the house. A little private TV time or an couple of hours in the man cave might be what the doctor ordered!
Knowing how to make a man completely at ease with you on an emotional level will make it so that you *always* have window into his deepest sensations. In a way, it will almost be as if you’ve got a directly channel to his *emotional nervous system*.

Now that you know the best *principles* and *benefits* to gaining a total emotional link to your man, we’re going to move to the next phase: the *exact steps* that you need to take in order to make the emotional link to your man in the first place.

There are THREE vital steps to ensuring the emotional connection to your man that can be used for fine mind control:

*First Move - Observe the Man*

*Second Step - Verbalize*

*Third Step - Analyze the Following Move*

It’s really just as simple as it sounds. When you can combine the three steps we’re talking about here, observation, verbalization, and analysis, your emotional link to be will be complete! This is is the prime recipe for 21st century mind control!

*First Move - Observe the Man*
Before your man does *anything*, there’s an emotional prompt! Take note of the emotional patterns that a man goes through, and see if you can draw some common lines between signs precede what behaviors.

For example, when a man seriously wants to get some *space*, chances are that he’s going to become a lot more resistant to questions and communicating in general. If a man is trying to to *pull away* from you as you get closer to him, then you should take note!

When a man is giving you signs of resistance, he’s trying to communicate to you that space is the number on thing on his mind! As we’ve already discussed, a man’s space is practically sacred to him. When you grant that man space, you’re capitalizing on the most golden opportunity that there is to show him that you are completely respectful of what he desires for inner peace.

By making sure to take careful note of just how much your man wants to communicate with you when you reach out to him, you can get a great idea of *when* the best time to give your man that precious space really is!

**Second Step - Verbalize**

This can be a very tricky part of process to get nailed down perfectly, but when you can, the results will astound you. You are going to be verbalizing the fact that you can definitely sense something *happening* with your man, but at the same time, you’re not going to be doing it in an overly *direct* way.
What I mean to say is that you’re not going to go out of your way to *tell* your man that he’s feeling something. No matter how much you think you might be convinced that your man is feeling one thing or another, one thing that you have to be sure not to do is try to *declare* that he’s feeling something definite.

One thing that you *can* do, to great effect, is to make sure that you let your man know that you *sense* something going on with him that’s hard to ignore. If you have to, just refer to it as your woman’s intuition! You can avoid telling him *directly* what’s going on, and instead just tell him that you’re getting the *feeling* there’s been something bugging him lately.

It might be a little bit tricky to completely nail down the balance between letting him know without *fully* spilling the beans, but try practicing a little bit and you’ll probably find something that works before very long!

Here’s an example of how you can go about verbalizing the feeling you have that there might be something going on in your man’s mind:

“Babe, I’ve been getting the sense that lately things seem a little bit different. I really care about you, but I don’t ever want you to feel like I’m smothering you. I’m going to give you all the time you need to be alone if you need it, but if you ever want to to talk it out, I WILL be there for you.”
It’s really just as simple as that! All that you have to do is offer the man the opportunity to talk to you if he needs it, and it will instantly make him feel a little bit more secure. You don’t demand that he talks with you or that the two of you split off, but you respect his agency to CHOOSE.

**Third Step - Analyze the Following Move**

Now the third step is the most critical move of all! After you have verbalized the fact that you feel your man has something going on in his mind, your next step is going to be an exercise is patience.

After you’ve verbalized that something is going on with your man, you should analyze the next move. In order to make sure that you can get the full effect of developing this psychic link with your man, you’ve got to make sure that to wait and analyze the next move after you’ve taken some time to observe him and verbalize his thoughts.

Part of the analysis is making sure that you don’t spoil that analysis by getting impatient. Part of honoring the man’s need to have the space is, simply put, GIVING him that space.

While you’re giving the man that distance that he needs in order to clear his mind, try not to lose your composure! Don’t check up on him. No matter how tempted you might be, don’t try contact him at all!

Now you’re probably wondering what you should do if the man doesn’t actually make a move to contact you at all!
No need to worry, because in the coming sections, we’re going to do some digging into what the next step in the process is if he doesn’t come around after some time.

Because a man’s emotional capacity just isn’t as vast and absorbent as a female’s, you have to understand that he can get overwhelmed and reclusive a lot faster than you might! He might get to the point where he needs to “recharge” at a shockingly quick place, and that time that he requires can be a lot longer than a lot of people might think.

Now that you have a good grasp on the benefits of understanding male emotional patterns, and the steps to creating it, it’s time to get into details about the mistakes not to make! You already understand that you shouldn’t try to make your man think that you’re telling him what he feels, but there are other things to keep in mind as well!

You see, there are other mistakes that a lot of women make which actually lead to them giving their man the wrong impression. If you can avoid these easily understandable little lapses in judgment, you can avoid putting your man off without intending!

**Critical Mistake Number One - Putting his thoughts into a female frame**

You see, while the details here might seem fairly simple and easy to follow without much trouble, there’s a certain problem that a lot of women encounter with this kind of
thing; they tend to think of their men’s minds in a female frame!

As we’ve discussed so far, there’s a big gap in the way that men and women deal with emotional matters. If you want to ensure that you and your man don’t have any misunderstandings, you can’t consider the things he might be thinking in a female frame of mind!

Whenever you start to think about what you would do in his position, make sure not to come to the conclusion of your thoughts on those terms! Make sure that from the bottom to the top, from the beginning to the end, you keep on thinking of everything within the frame of the male complex!

**Critical Mistake Number Two - Expecting too much expressiveness**

As a part of thinking about things within a male frame of mind, you can’t expect him to be too expressive in terms what he tells you! For the sake of your own sanity, you almost have to anticipate that he’s going to be resistant. Be prepared for an experience that you could compare to pulling teeth, and chances are that situation won’t be THAT challenging.

If you make actually anticipate that your man’s not going to be the most cooperative when it comes to sharing his thoughts with you, then he’ll probably actually give you a little more than you expect - still, in order to get peace of mind, prepare for the worst!
Expressing repressed feelings is a lot more difficult for a man to do than most manual labor! In expecting him to open up to you, you’ll essentially be expecting him to do accomplish one of the most difficult natural challenges that exist in the world for him!

Just like making sure that you don’t try to get overly impatient with getting back in touch with your man, you don’t want to lose your cool if the man doesn’t just spill all of the beans about his feelings right away.

There are some women who manage to get as far as the point when they an make an emotional connection with their men, but then at the most crucial moment when patience means the most, they get lose their cool when the man stonewalls them!

You’re definitely within your right to feel annoyed and slightly indignant if your man doesn’t immediately jump to telling your everything, but you have to make sure that you don’t take it so personally that it makes you compromise the mission!

The thing that your man is really going to appreciate the most is if you can find it within yourself to stay one-hundred percent calm after your man comes up a little bit short. If your man comes up a little bit short, then it’s definitely going to be for a reason; your man not giving you everything is still a sign of communication in its own way.
When you can maintain completely *calm* after your man gives you less emotional info than you might hope, it’s going to be another sign that your *respect* the need that he has in order to keep that emotional recharge space that he needs so badly.

If you can follow all of the steps outlined in this section, but still be able to accept the fact that your man may not tell you absolutely everything, then there will practically be nothing stopping you from being able to establish total mind control.

You see, the truly ironic thing about this kind of “mind control” that we’re talking about is that you’re not about to go crazy trying to aggressively controlling your man’s mind. If you can wrap your head around this, it’s going to be like you’re doing a *soft takeover*.

The more subtle and delicate your approach is, the more POWERFUL of a grip you’re ultimately going to get on the man’s mind!